

WEEKEND SCHEDULE

FRIDAY, APRIL 5: **EARLY PACKET PICK-UP**

Fleet Feet San Diego: The Village at Pacific Highlands Ranch
[5980 Village Way](#), San Diego (Hwy 56 & Carmel Valley Rd)
Friday, April 5: 11:00a – 7:00p

SATURDAY, APRIL 6 & SUNDAY, APRIL 7: **WELLNESS EXPO & PACKET PICK-UP**

Carlsbad Village: [Roosevelt St.](#) between Carlsbad Village Dr. & Grand Ave.
Saturday, April 6: 8:00a – 3:00p **Packet pick-up priority given to Junior Carlsbad until 10a**
Sunday, April 7: 6:00a – 1:00p **Expo opens at 7a**

SATURDAY, APRIL 6: **JUNIOR CARLSBAD RACE DAY**

Start Line: Grand Ave.
Finish Line: Carlsbad Village Drive & State Street

START LINE LOCATIONS:

1 MILE (AGE 7-12)	Grand Ave. (between Madison & Jefferson St.)
½ MILE (AGE 5-6)	Grand Ave. (between Roosevelt & Madison St.)
¼ MILE (AGE 4)	Carlsbad Blvd. (between Grand & Carlsbad Village Dr.)
TODDLER TROT/DIAPER DASH	Carlsbad Village Dr. (between Washington & State St.)

FINISH LINE: CARLSBAD VILLAGE DRIVE & STATE STREET

2019 SCHEDULE: **SUBJECT TO CHANGE AT ANYTIME BASED ON THE TRAIN SCHEDULE**

Age 11 & 12 (combined)	9:05am
Age 10	9:15am
Age 9	9:25am
Age 8	9:35am
Age 7	9:45am
Age 6 (1/2 Mile)	9:55am
Age 5 (1/2 Mile)	10:05am
Age 4 (1/4 Mile)	10:15am
Age 3 (Toddler Trot)	10:25am
Age 2 (Diaper Dash)	10:30am

WELLNESS EXPO

We are thrilled to have over 25 partners joining us this year! Visitors will find a full range of samples, apparel, footwear, goodies, health & fitness products, and more! The expo is open to the public and all ages are welcome.

Official 2019 Carlsbad 5000 gear, including youth and baby options, will also be available at our merchandise store. Stock up on the newly redesigned World's Fastest 5K swag!

PACKET PICK-UP:

Follow these steps to pick up your number:

1. Confirm your entry for the 2019 Junior Carlsbad by [clicking here](#).
2. Youth runners without ID, show registration confirmation.
3. Pick up your bib w/ timing tag and race shirt.
4. If participant is in the 2 – 6 year old age groups, guardians will receive a duplicate bib, which must be presented on race day at the Finish Line “Kid Check” System for safety purposes.

You may pick up for others and/or others may pick up for you! A copy of the participant's photo ID is required – either printed or a photo on a phone.

2019 REGISTRATION PRICING:

- Junior Carlsbad: \$27

Credit or debit payments only. No cash or checks will be accepted for payment on-site.

PARKING:

Various public parking lots and street parking are available throughout the Village of Carlsbad. We encourage participants to carpool and use the Tamarack, Las Flores, Carlsbad Village and Vista Way (Highway 78) exits. Most participants driving into the Village of Carlsbad will need to find available street parking in the surrounding area of the start/finish lines.

RACE SPECIFICS

RAILROAD SAFETY INFORMATION *BE CAREFUL WHEN CROSSING THE TRACKS*

Please remember to **only** cross railroad tracks at a designated pedestrian or roadway crossing. Observe and obey all warning signs and signals. NEVER walk down a train track – it is illegal and very dangerous.

Please take note that the trains traveling through Carlsbad do not follow exact set schedules and may arrive at any time – including during all races.

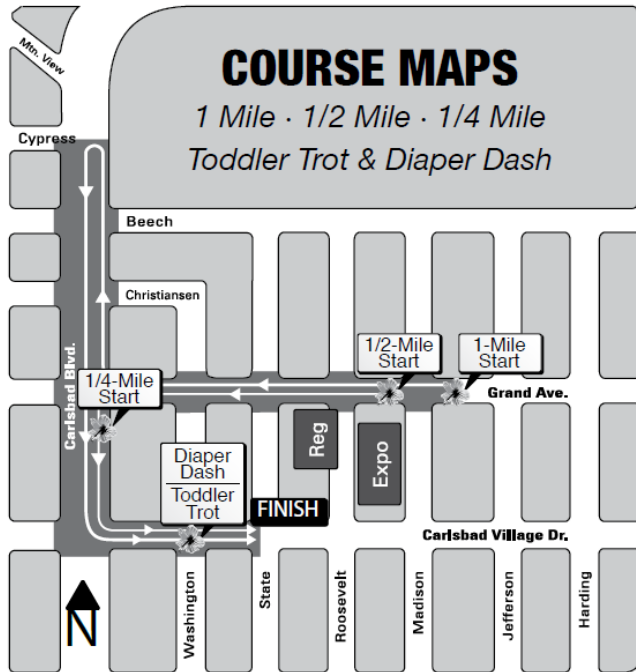


NOTE: The course crosses two sets of rail road tracks. The train schedule is **NEVER** final and can be altered at any point. Carlsbad 5000 and Junior Carlsbad 5000 races can be stopped, delayed, and are subject to change at any time (including race day) for the safety of all event participants. Please follow the guidance of event and city officials in the event that a train passes during your race. **Safety first!**

START LINE LOCATION DETAILS:

Due to the various race distances, there are four separate start lines:

1 MILE	Grand Ave. (between Madison & Jefferson St.)
½ MILE	Grand Ave. (between Roosevelt & Madison St.)
¼ MILE	Carlsbad Blvd. (between Grand & Carlsbad Village Dr.)
TODDLER TROT/DIAPER DASH	Carlsbad Village Dr. (between Washington & State St.)



START LINE INSTRUCTIONS:

Races for Ages 5+ will have one smooth start. For Ages 4 and under, we may facilitate several small wave starts. If you are running with your child, please line up at the back of the start line area to allow focus on Junior participants.

3 Year Olds & Toddler Trot groups should look for the signage with your child's age. Line up next to the sign and we will walk you to the start line area at the correct time.

RACE NUMBER INFORMATION:

Your child's race number, or bib number, serves as their ticket to the race.

FINISH LINE "KID CHECK" SYSTEM *AGES 6 AND UNDER*

A security system will be enforced for the 2 – 6 year old age groups. A duplicate bib will be given to guardians of the 2 – 6 year olds and must be presented by the parent or guardian on race day in order to claim the child at the secure zone exit. Look for designated YELLOW exit signs for bib matching. For children in age groups of 7 – 12 year olds, parents can meet their children at the exit of the secure zone.

The 'secure zone' is a safe, fenced in area, for runners only. The kids will be sent through to receive water, snacks, and their finisher medal. Once they reach the exit they may not re-enter. Parents may then receive their child at the secure zone exit.

RACE RULES:

- It is strongly suggested that two adults accompany each participant. One adult can see the child off at the start, and one can meet them at the finish line.
- No strollers, roller blades, pets, bikes, etc. will be permitted on the course.
- Plan before the race. Select a place and time to meet with your child after their run in case you become separated.
- Children should be able to complete the one mile run on their own. The course is safe, secure, and medical staff will be present. If you do not feel comfortable having your child run alone, you may accompany him or her in the race.

RACE TIMING:

Junior Carlsbad 5000 races will be timed events this year (excluding Toddler Trot and Diaper Dash). Your child's bib number will have a timing tag attached to it. Age group awards are also awarded based on finisher chip results.

RESTROOMS:

Portable toilets will be located near the start and finish lines.

MEDICAL INFORMATION:

Kaiser Permanente is supporting the event with the official Medical Director and AMR and the Carlsbad Fire department, and this team is a dedicated group of medical professionals available to help you. Medical Stations will be located at the Start and at the Finish.

WHAT'S NEXT?!

RESULTS:

[Live results will be posted here on race day.](#)

PHOTOS & FINISHER CERTIFICATES

FREE race photos will be online within a week of the event.

2020 PRESALE REGISTRATION | LIMITED TIME SPECIAL PRICING

Join us for the 35th Anniversary: March 21-22, 2020

Presale registration will be available Saturday, April 6 through Sunday, April 14 at 11:59p PT.

- 5K: \$25
- Junior Carlsbad: \$15

OFFICIAL PARTNERS

YMCA of San Diego County



The YMCA of San Diego County is honored to be a sponsor of the 2019 Carlsbad 5000! Stop by our Summer Camp Experience area for organized games, crafts, treats and more! In addition, attendees can pick-up a FREE YMCA guest pass! With endless exercise options, 18 convenient locations in San Diego and a beginner-friendly community where you'll always feel welcome, there's no better place to spend time as a family. The Y: We're for youth development, healthy living and social responsibility.

PORSCHE CARLSBAD



Porsche
Carlsbad

Porsche Carlsbad, a Hoehn Motors Company, is proud to support the 2019 Carlsbad 5000. For the seventh straight year, Team Hoehn athletes will participate in the World's Fastest 5K and our Boxster and 911 models will be leading the way as official pace cars! Plus, we'll have additional Porsche models on display throughout the weekend at the Health & Wellness Expo in Carlsbad Village. Check out the car of your dreams and learn about the brand new Porsche Carlsbad facility that reflects the Porsche DNA at every turn.

CLIF Bar



CLIF Bar is proud to sponsor the 2019 Carlsbad 5000. What you eat before, during and after your run is an essential part of your training. Clif Bar & Company offers nutrition designed to sustain energy, optimize performance and aid in post work out recovery. To learn more visit www.clifbar.com.

Fleet Feet San Diego



Fleet Feet San Diego is your locally owned and operated running store where runners, walkers and fitness enthusiasts of all abilities receive unparalleled service and support. Whether you walk, jog, or run, we will take the time to get to know you and your needs. Our experienced staff is trained to make recommendations for the products that best suit each individual. Our mission is simple. We strive to inspire, motivate, empower, and improve the quality of life for the community we serve.

CARLSBAD VILLAGE FAIRE



After the race, stop by the Village Faire Shopping Center to enjoy their 38+ shops, restaurants, and galleries, or just relax in the courtyard. Located on the corner of Carlsbad Village Drive and Pacific Coast Hwy.

EASY DAY SPORTS



Our Official event production partner is Easy Day Sports, a boutique event production agency that focuses on premier, professionally-managed endurance sports events. Easy Day Sports, headquartered in Coronado, CA, embodies superior event production and a tireless commitment to excellence, inspired by the motto, "The only easy day was yesterday." For more information, visit easydaysports.com.

Thank you for being part of the 30th Junior Carlsbad presented by YMCA of San Diego County. BIG *thank you* to the City of Carlsbad, all City officials and safety personnel, our incredible volunteers, and to each of you for your support!

Good luck and have a great race.